Monday, 22nd February 2021 First Sunday of Lent

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WEEKLY

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Today we begin the season of Lent, a time to prepare our hearts for the new life which Jesus brings at Easter. Lent lasts for 40 days, just as Jesus spent 40 days in the desert before going out to share the Good News. It is a season of hope and new life as days lengthen and spring approaches.

Dear Jesus, you never gave up, even when you found it most difficult. During the six weeks of Lent, help us to be strong and to keep our promises as a sign of our love for you.

Amen.

FIRST SUNDAY OF Lent